





Wayland High “Main Event” Menu: April 2017

	Mon	Tue	Wed	Thu	Fri	
<p><i>Before placing your order, please inform your server if a person in your party has a food allergy.</i></p>	<p>3. Homemade Macaroni & Cheese w/ Hot Dog, Ham, or Buffalo Chicken Peas Bag of Popcorn Pears</p>	<p>4. Swedish Meatballs w/ Egg Noodles Sauteed Spinach Whole Wheat Dinner Roll Strawberries</p>	<p>5. Breakfast For Lunch French Toast Sticks Sausage Home Fries Carrot Sticks Applesauce</p>	<p>6. Chicken Fajita Brown Rice Corn Mixed Fruit</p>	<p>7. Buffalo Chicken Wrap Oven Baked Fries Peaches</p>	<p>HARVEST OF THE MONTH: Potatoes</p>
	<p>10. Mozzarella Sticks Marinara Sauce Broccoli Sliced Pears</p>	<p>11. Chicken Parmesan over Pasta Whole Wheat Breadstick Eggplant & Mushroom Medley Mixed Fruit</p>	<p>12. National Grilled Cheese Day Grilled Cheese Sandwich Tomato Soup Sliced Apples</p>	<p>13. Pulled Pork Tacos Soft or Hard Shell Black Beans & Rice Sweet Corn Mixed Fruit</p>	<p>14. No School</p>	
	<p>17. No School</p>	<p>18. No School</p>	<p>19. No School</p>	<p>20. No School</p>	<p>21. No School</p>	<p>Legumes offered two days per week with all lunches.</p>
	<p>24. Mozzarella Sticks Marinara Sauce Green Beans Diced Pears</p>	<p>25. Steak & Cheese Sub Roasted Potatoes Tomato Basil Salad Mixed Fruit</p>	<p>26. National Pretzel Day Chicken Tenders or Nuggets Mashed Potatoes Whole Wheat Pretzel Roll Applesauce</p>	<p>27. Nachos w/ Seasoned Pork Steamed Brown Rice Sweet Corn Fruit Cocktail</p>	<p>28. Chicken Caesar Wrap Spiral Fries Sliced Peaches</p>	<p>Gluten-Free (GF) Pizza, Sandwiches and Salad Plates</p>
	<p>Matzos available during Passover</p>	<p>Fish available on Fridays during Lent</p>		<p>PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.</p>	<p>Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags, Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk</p>	