

**WAYLAND PUBLIC SCHOOLS
WAYLAND, MA**

PROVISION OF FOODS to STUDENTS

Guidelines for Implementation of MA Competitive Foods & Beverages Nutrition Standards
August 1, 2012

1. All foods and beverages provided to students in school must meet the Massachusetts Competitive Foods and Beverages Nutrition Standards as outlined in the Wayland Public Schools School District Wellness Policy. (see attached chart Massachusetts Competitive Foods and Beverage Nutrition Standards “At-a-Glance)
2. “Provided to Students” refers to who class and individual distribution by administrators, faculty, parents, and/or food services during the school day, including 30 minutes before and after the school day.
3. These guidelines do NOT pertain to what parents choose to provide to their own child(ren) for individual consumption.
4. Ideas for acceptable allowable foods and beverages for distribution are identified by the John Stalker Institute at www.johnstalkerinstitute.org/alist/frozen.htm. Prepackaged individual sized foods are strongly encouraged.
5. It is strongly recommended that foods distributed to students (by faculty, PTOs, etc.) in school be purchased through the Food Services Department. This is to insure compliance with state regulations.
6. Any classroom or school celebrations that include the provision of food should be approved by the building Principal. Building Principals should consult with Food Services Department regarding alternative suggestions for types of food to be included in celebrations.
7. Children should not share foods with one another to respect the dietary needs of children and to prevent potential life-threatening allergic reactions.