






Wayland Middle School: June 2018

	Mon	Tue	Wed	Thu	Fri	
<i>Before placing your order, please inform your server if a person in your party has a food allergy.</i>	HAPPY SUMMER!! 				1 Pizza Bar Choice of pizza and toppings Tossed Garden Salad Chilled Pears	HARVEST OF THE MONTH: Strawberries
	4 Toasted Cheese Sandwich Tomato Soup Tomato & Cucumber Salad Mixed Fruit	5 Burgers! Burgers! Choice of beef patty, veggie burger or turkey burger Fries Strawberries	6 Chicken Parmesan Sandwich Tossed Garden Salad Chilled Peaches	7 Meatball Sub Tater Tots Strawberries	8 Big Daddy's Pizza w/choice of toppings Caesar Salad Pears	Legumes offered two days per week with all lunches.
	11 "Fish & Chips" Fish Sticks Tater Tots Peas Craisins	12 Chicken Fajita w/ peppers, onions, salsa & sour cream Steamed Brown Rice Corn Strawberries	13 Ham & Cheese or Cheese Croissant Baby Carrots w/ light ranch dressing Three Bean Salad; Peaches	14 Chicken Caesar Wrap Spiral Fries Chilled Pears	15 Stuffed Crust Pizza w/choice of toppings Spinach Salad Mixed Fruit	Gluten-Free (GF) Pizza available
	18 Breakfast for Lunch French Toast Sticks Jones Light Sausage Three Bean Salad Mixed Fruit	19 Tacos! Tacos! w/seasoned meat, lettuce, tomato, cheese, salsa & sour cream Steamed Brown Rice Corn; Peaches	20 Kayem Light Hot Dog or Chicken Sausage Homemade Cole Slaw Green Beans Orange Halves	21 Chicken! Chicken! A variety of chicken selections w/ lettuce & tomato Spiral Fries Apple	22 Deli Day! Assorted Sandwiches Tossed Garden Salad Fresh Veggie Sticks Fresh and Chilled Fruit	
				PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.	Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags , Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk	This Institution is an equal Opportunity Employer