






# Wayland Middle School: June 2018

	Mon	Tue	Wed	Thu	Fri	
<i>Before placing your order, please inform your server if a person in your party has a food allergy.</i>	<b>HAPPY SUMMER!!</b>  				1  <b>Pizza Bar</b> Choice of pizza and toppings Tossed Garden Salad Chilled Pears	<b>HARVEST OF THE MONTH:</b> Strawberries
	4  Toasted Cheese Sandwich Tomato Soup Tomato & Cucumber Salad Mixed Fruit	5  <b>Burgers! Burgers!</b> Choice of beef patty, veggie burger or turkey burger Fries <b>Strawberries</b>	6  Chicken Parmesan Sandwich Tossed Garden Salad Chilled Peaches	7  Meatball Sub Tater Tots <b>Strawberries</b>	8  Big Daddy's Pizza w/choice of toppings Caesar Salad Pears	Legumes offered two days per week with all lunches.
	11  <b>"Fish &amp; Chips"</b> Fish Sticks Tater Tots Peas Craisins	12  Chicken Fajita w/ peppers, onions, salsa & sour cream Steamed Brown Rice Corn <b>Strawberries</b>	13  Ham & Cheese or Cheese Croissant Baby Carrots w/ light ranch dressing Three Bean Salad; Peaches	14  Chicken Caesar Wrap Spiral Fries Chilled Pears	15  Stuffed Crust Pizza w/choice of toppings Spinach Salad Mixed Fruit	Gluten-Free (GF) Pizza available
	18  <b>Breakfast for Lunch</b> French Toast Sticks Jones Light Sausage Three Bean Salad Mixed Fruit	19  <b>Tacos! Tacos!</b> w/seasoned meat, lettuce, tomato, cheese, salsa & sour cream Steamed Brown Rice Corn; Peaches	20  Kayem Light Hot Dog or Chicken Sausage Homemade Cole Slaw Green Beans Orange Halves	21  <b>Chicken! Chicken!</b> A variety of chicken selections w/ lettuce & tomato Spiral Fries Apple	22  <b>Deli Day!</b> Assorted Sandwiches Tossed Garden Salad Fresh Veggie Sticks Fresh and Chilled Fruit	
				PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.	<b>Daily Offerings:</b> Assorted Fresh & Chilled Fruit, <b>Carrot Bags</b> , Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk	This Institution is an equal Opportunity Employer