



Wayland High “Main Event” Menu: March 2017

Mon

Tue

Wed

Thu

Fri

Before placing your order, please inform your server if a person in your party has a food allergy.

Fish available on Fridays during Lent.

1. Toasted Cheese Sandwich
Tomato Soup
Applesauce

2. Shepherd’s Pie
Garden Salad
Wheat Dinner Roll
Peaches

3. Fish n Chips (fries)
Homemade Cole Slaw
Mixed Fruit

HARVEST OF THE MONTH:

Dairy



6. Cheese Tortellini
Steamed Broccoli
Wheat Dinner Roll
Orange

7. National Pancake Day Pancakes
Sausage
Homefries
Pears

8. Breakfast for Lunch Egg, Sausage & Cheese on a bagel or croissant
Sweet Potatoes
Sliced Apples

9. National Meatball Day Meatball Sub
Homemade Pasta
Salad
Peaches

10. Pulled Pork Sub
Fries
Fruit Cocktail



13. Mozzarella Sticks w/Marinara Sauce
Lemon Zest Broccoli
Peaches

14. Tamale Pie
Tossed Garden Salad
Mandarin Oranges

15. Breakfast for Lunch French Toast Sticks
Sweet Potatoes
Applesauce

16. Popcorn Chicken
Mashed Potatoes
Peas
Mandarin Oranges

17. St. Patrick’s Day Nachos! Nachos! w/ seasoned meat, cheese sauce, salsa, sour cream
Steamed Brown Rice
Corn; Pineapple Tidbits

Legumes offered two days per week with all lunches.



20.. National Ravioli Day
Cheese Ravioli
Peas
Wheat Dinner Roll
Mixed Fruit

21. Beef Burrito
Black Beans & Rice
Sweet Corn
Pineapple Tidbits

22. Macaroni & Cheese w/ ham, hot dog or buffalo chicken
Broccoli
Sliced Pears

23. Wings! Wings!
Choice of buffalo, bbq or zesty orange
Baked Potato
Mandarin Oranges

24. Chicken Caesar Wrap
Spiral Fries
Sliced Peaches

Gluten-Free (GF) Pizza, Sandwiches and Salad Plates



27. Mozzarella Sticks w/Marinara Sauce
Carrots
Orange Smiles

28. Tacos! Tacos! w/seasoned meat
Brown Rice
Corn
Sliced Pears

29. Corn Chowder in a Bread Bowl
Tomato Mozzarella
Salad
Peaches

30. Baked Chicken Nuggets
Mashed Potatoes
Peas
Applesauce

31. Pulled Pork Sub
Tater Tots
Pineapple Tidbits