






Wayland High “Main Event” Menu: February 2019

	Mon	Tue	Wed	Thu	Fri	
<i>Before placing your order, please inform your server if a person in your party has a food allergy.</i>	PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.	Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags , Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk	This Institution is an equal Opportunity Employer	 <small>shutterstock - 71723296</small>	1 Chicken Tenders w/ dipping sauces Oven Baked Fries Caesar Salad Mixed Fruit	HARVEST OF THE MONTH: Butternut Squash
	4 Nat'l Homemade Soup Day Toasted Cheese Homemade Chicken Noodle or Vegetable Soup; Peaches	5 Macaroni & Cheese Broccoli Wheat Dinner Roll Sliced Pears	6 Breakfast for Lunch Choice of French Toast Sticks or Pancakes Sausage Links Homefries Applesauce	7 Chicken Fajita Jasmine Rice Corn Fresh Orange	8 Meatball Sub Spiral Fries Garden Salad Fruit Cocktail	Legumes offered two days per week with all lunches.
	11 Baked Ziti Green Beans Garlic Bread Diced Peaches	12 Nachos! Nachos! w/ seasoned meat, lettuce, tomato, cheese sauce, salsa, sour cream Brown Rice; Corn; Pears	13 Ham & Cheese or Cheese Croissant Sweet Potatoes Fresh Apple	14 Valentine's Day Heart Shaped Chicken Nuggets w/ dipping sauces Mashed Potatoes Broccoli Orange Smiles	15 Chicken Caesar Wrap Tater Tots Mixed Fruit	Gluten-Free (GF) Pizza available
 <small>shutterstock - 108082482</small>	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	
	25 Mozzarella Sticks w/ marinara sauce Butternut Squash Sliced Peaches	26 Spaghetti & Meatballs Green Beans Wheat Dinner Roll Applesauce	27 National Strawberry Day BBQ Pulled Pork Baked Potato Strawberries	28 National Chili Day Homemade Chili Tacos, Hard or Soft Shell Steamed Brown Rice Corn Orange		