







# Wayland High “Main Event” Menu: February 2020

|   | Mon   | Tue  | Wed  | Thu  | Fri   |  |
|---|---|--|--|--|---|--|
| <i>Before placing your order, please inform your server if a person in your party has a food allergy.</i> | <b>PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.</b>  | <b>Daily Offerings:</b><br>Assorted Fresh & Chilled Fruit, <b>Carrot Bags</b> , Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk | <b>This Institution is an equal Opportunity Employer</b>   | <br><small>shutterstock - 71723296</small>  |   | <b>HARVEST OF THE MONTH: Butternut Squash</b>              |
|                           | 3<br>Toasted Cheese<br>Homemade Chicken<br>Noodle Soup<br>Pears   | 4<br>American Chop Suey<br>Green Beans<br>Garlic Bread<br>Mixed Fruit  | 5<br><b>Breakfast for Lunch</b><br>Dutch Waffles<br>Sausage Links<br>Parmesan Crusted Potatoes<br>Applesauce | 6<br><b>Something New</b><br>Honey Siracha Boneless<br>Chicken Wings<br>Celery Sticks, Baby Carrots,<br>Blue Cheese Dressing<br>Steamed Brown Rice<br>Broccoli; Wheat Dinner Roll<br>Raisins | 7<br>Meatball Sub<br>Onion Rings ( <b>NEW</b> )<br>Garden Salad<br>Fruit Cocktail   | <b>Legumes offered two days per week with all lunches.</b> |
|                           | 10<br><b>Fish &amp; Chips</b><br>Fish Sticks<br>Crinkle Cut Fries<br><b>Butternut Squash</b><br>Orange                | 11<br><b>Nachos! Nachos!</b><br>w\seasoned meat,<br>lettuce, tomato, cheese<br>sauce, salsa, sour cream<br>Brown Rice<br>Corn; Pears   | 12<br>Egg McWarrior<br>Home Fries<br>Applesauce  | 13<br><b>Back by Popular Demand</b><br>Chicken & Waffles<br>w/ syrup cup<br>Corn on the Cob<br>Peaches   | 14<br>Buffalo Chicken<br>Wrap<br>Tater Tots<br>Craisins  | <b>Gluten-Free (GF) Pizza available</b>                    |
|                         | 17<br><b>NO SCHOOL</b>  | 18<br><b>NO SCHOOL</b>   | 19<br><b>NO SCHOOL</b>   | 20<br><b>NO SCHOOL</b>   | 21<br><b>NO SCHOOL</b>  | .  |
|                         | 24<br><b>“Warrior” Sampler</b><br>Ravioli, Stuffed Shells<br>& Meatballs<br>Green Beans<br>Wheat Dinner Roll<br>Pears | 25<br><b>Croissants! Croissants!</b><br>Choice of Ham & Cheese<br>or Cheese<br>Baked Potato<br>Broccoli, Cheese Sauce<br>Sliced Apples | 26<br><b>NO LUNCH</b>  | 27<br><b>Everyone’s Favorite</b><br>Popcorn Chicken<br>Mashed Potatoes<br><b>Butternut Squash</b><br>Wheat Dinner Roll<br>Chilled Peaches  | 28<br>Chicken Caesar<br>Wrap<br>Crinkle Cut Fries<br>Raisins  |  |
|   |   |  |  |  | <b>FISH AVAILABLE ON FRIDAYS DURING LENT.</b>   |  |