





Wayland High School “Main Event” Menu: January 2020

	Mon	Tue	Wed	Thu	Fri	
<p><i>Before placing your order, please inform your server if a person in your party has a food allergy.</i></p>	<p>6 Macaroni & Cheese Broccoli Warm Pretzel Pears</p>	<p>7 Teriyaki Chicken Dippers Peas Steamed Brown Rice Dried Cranberries Fortune Cookie</p>	<p>8 NO LUNCH</p>	<p>9 Something New Chicken & Waffles w/syrup cup Corn on the Cob Homemade Apple Crisp</p>	<p>10 Meatball Sub Potato Wedges Peaches</p>	<p>HARVEST OF THE MONTH: Apples</p>
	<p>13 Cheese Ravioli Roasted Broccoli Caesar Salad Wheat Dinner Roll Pears</p>	<p>14 Back by Popular Demand Swedish Meatballs Egg Noodles California Blend Vegetables Wheat Dinner Roll Peaches</p>	<p>15 Breakfast for Lunch Pancakes Sausage Homefries Grapes</p>	<p>16 Tuscan Chicken Basmati Rice Broccoli Fresh Local Apple</p>	<p>17 BBQ Pulled Pork Sub Tater Tots Orange Halves</p>	<p>Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags, Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk</p>
	<p>20 NO SCHOOL</p>	<p>21 EXAMS Breakfast for Lunch, Deli & Snack Bar open</p>	<p>22 EXAMS Breakfast for Lunch, Deli & Snack Bar open</p>	<p>23 EXAMS Breakfast for Lunch, Deli & Snack Bar open</p>	<p>24 EXAMS Breakfast for Lunch, Deli & Snack Bar open</p>	<p>Legumes offered two days per week with all lunches.</p>
	<p>27 Toasted Cheese Sandwich Tomato Soup Tomato & Cucumber Salad Peaches</p>	<p>28 Popcorn Chicken w/dipping sauces Mashed Potatoes Peas Cantaloupe</p>	<p>29 Dutch Waffles Jones Light Sausage Link Roasted Potatoes Applesauce</p>	<p>30 Something New Mandarin Orange Chicken Steamed Brown Rice Fresh Green Beans Wheat Dinner Roll Pears</p>	<p>31 Fish & Chips Fish Sticks Crinkle Cut Fries Homemade Cole Slaw Orange Halves</p>	<p>Gluten-Free (GF) Pizza, Sandwiches and Salad Plates</p>
						<p>PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.</p>

