





Main Event Menu: March 2020

	Mon	Tue	Wed	Thu	Fri	
<p><i>Before placing your order, please inform your server if a person in your party has a food allergy.</i></p>	<p>2 Something New Mini Ravioli Primavera (tossed in a cheese sauce w/ broccoli & grape tomatoes (NEW) Chick Pea Salad Garlic Bread Peaches</p>	<p>3 Quiche French Onion Soup Tomato & Basil Salad Chocolate “Mousse” Apple Slices</p>	<p>4 Egg McWarrior w/Sausage or Ham Roasted Potatoes Yogurt Cup Oranges Slices</p>	<p>5 “Wayland Wings” Choice of BBQ, Buffalo or Zesty Orange Rice Pilaf Broccoli Dinner Roll Sliced Pears</p>	<p>6 BBQ Pulled Pork Sub Spiral Fries Pineapple Tidbits</p>	<p>HARVEST OF THE MONTH: Dairy</p>
	<p>9 Macaroni & Cheese California Blend Veggies Hot Pretzel Applesauce</p>	<p>10 Orange Chicken Brown Rice Baby Carrots Fortune Cookie Pineapple Tidbits</p>	<p>11 Ham & Cheese or Cheese Croissants Home Fries Yogurt Cup Orange Juice</p>	<p>12 Chicken, Broccoli & Rotini Broccoli Tossed Garden Salad Whole Wheat Dinner Roll Pears</p>	<p>13 Meatball Sub Smiley Fries Homemade Peach Crisp</p>	<p>Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags, Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk</p>
	<p>16 “Warrior Sampler” 3 meatballs, 3 mozzarella sticks w/ marinara sauce WW Breadstick Green Beans Peaches</p>	<p>17 Teriyaki Chicken Dippers Vegetable LoMein Egg Roll Fruit Cocktail</p>	<p>18 Everyone’s Favorite Dutch Waffles w/Jones Light Sausages Sweet Potato Gems Yogurt Cup Orange Smiles</p>	<p>19 Something New Taco Lasagna Bake Basmati Rice Corn Pears</p>	<p>20 Chicken Caesar Wrap Onion Rings Applesauce</p>	<p>Legumes offered two days per week with all lunches.</p>
	<p>23 Toasted Cheese Sandwich Tomato Soup Three Bean Salad Raisins</p>	<p>24 Taco Tuesday Soft or Hard Shell w/Seasoned Meat Black Beans & Rice Sweet Corn Mixed Fruit</p>	<p>25 French Toast Sticks w/Sausages Homefries Yogurt Cup Fresh Orange</p>	<p>26 Popcorn Chicken w/dipping sauces Cranberry Sauce Mashed Potatoes Broccoli Pears</p>	<p>27 Steak & Cheese Sub Sweet Potato Fries Apple Slices</p>	<p>Gluten-Free (GF) Pizza, Sandwiches and Salad Plates</p>
	<p>30 Something New Tortellini Salad with or w/out meat Baked Potato w/ cheese sauce WW Breadstick Peaches</p>	<p>31 American Chop Suey Green Beans Whole Wheat Bread Stick Chilled Pears</p>			<p>FISH AVAILABLE ON FRIDAYS DURING LENT.</p>	<p>PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.</p>

Daily Meal Options: Tuna, Chicken Salad, Turkey, Peanut Butter or Cheese on a whole wheat bread or roll.

Bagel or Cereal Lunch (with cheese & yogurt).

Grilled Chicken Salad Plate or Garden Salad w/ choice of Tuna, Chicken Salad, Turkey or Cheese.

Daily Offerings: Assorted Fresh and Chilled Fruit, Carrot Bags, Choice of 1% , Skim, Fat-Free Chocolate or Lactaid Milk.

Legumes (chick peas, kidney beans, etc.) offered two days per week with lunch.

Gluten Free Offerings: Gluten-Free Pizza on Fridays; Gluten-Free Turkey & Cheese on GF roll available daily. GF Hot Dog and Hamburger Rolls available when hot dogs, hamburgers and chicken sandwiches are served.

A la Carte Breakfast available Daily: Choice of three: cereal, granola bar, muffin, string cheese, yogurt, juice cup, milk