





Wayland High “Main Event” Menu: May 2018

	Mon	Tue	Wed	Thu	Fri	
<p><i>Before placing your order, please inform your server if a person in your party has a food allergy.</i></p>		<p>1. Popcorn Chicken Mashed Potatoes Broccoli Chilled Peaches</p>	<p>2. Breakfast for Lunch French Toast Sticks or Funnel Cake Sausage Sweet Potato Applesauce</p>	<p>3. Chicken Fajita w/ peppers & onions Steamed Brown Rice Sauteed Mushrooms Fruit Cocktail</p>	<p>4. Steak & Cheese Sub Spiral Fries 100% Orange Juice Cup</p>	<p>HARVEST OF THE MONTH: Seafood</p> <p>FISH AVAILABLE DAILY</p>
	<p>7. Macaroni & Cheese Broccoli Wheat Dinner Roll Chilled Pears</p>	<p>8. Teriyaki Chicken Dippers Egg Roll Oriental Blend Vegetables Fortune Cookie Peaches</p>	<p>9. Toasted Cheese Sandwich Tomato Soup Carrot Raisin Salad Sliced Apples</p>	<p>10. Tacos! Tacos! w/ seasoned meat, lettuce tomato, cheese, salsa, sour cream, hard or soft shell; Corn Spanish Rice; Mixed Fruit</p>	<p>11. Meatball Sub Oven Baked Fries Orange</p>	<p>Legumes offered two days per week with all lunches.</p>
	<p>14. Mozzarella Sticks w/marinara sauce Carrots Sliced Pears</p>	<p>15. Spaghetti & Meatballs Peas Garlic Bread Diced Peaches</p>	<p>16. Croissants! Croissants! Ham & Cheese or Cheese Zucchini “Fries” Broccoli Slaw Applesauce</p>	<p>17. Chicken Cacciatore Tossed Garden Salad Wheat Dinner Roll Fruit Cocktail</p>	<p>18. BBQ Chicken or BBQ Pulled Pork Wrap Fries Fresh Orange</p>	<p>Gluten-Free (GF) Pizza available</p>
	<p>21. Stuffed Shells Carrots Wheat Dinner Roll</p>	<p>22. Chicken, Broccoli & Ziti Tossed Garden Salad Breadstick</p>	<p>23. “Egg McWarrior” Ham or Sausage, Egg & Cheese on a bagel Homefries Fresh Apple</p>	<p>24. Nachos! Nachos! w/ seasoned meat, lettuce, tomato, cheese sauce, salsa & sour cream Rice; Corn; Mixed Fruit</p>	<p>25. Chicken Caesar Wrap Tater Tots Orange Smiles</p>	
	<p>28. NO SCHOOL</p>	<p>29. Chicken Parmesan Sub Baked Potato Peaches</p>	<p>30. French Toast Sticks Sausage Sweet Potato Applesauce</p>	<p>31. Chicken Fajita w/ peppers & onions Steamed Brown Rice Corn Fruit Cocktail</p>	<p>Daily Offerings: Assorted Fresh & Chilled Fruit, Carrot Bags, Choice of 1%, Skim, Fat-Free Chocolate or Lactaid Milk</p>	<p>This Institution is an equal Opportunity Employer</p>