

Wayland Public Schools  
Wayland, MA

**Wellness Committee Meeting**  
**December 11, 2015**  
**7:30 A.M.**

**AGENDA**

- I. Approval of meeting Minutes – 1/14/15 and 6/10/15
- II. Review of Action Items identified from 2014-2015
  - Stress
  - Balancing Academic rigor
  - Screen time
  - Concussion Policy and recreational teams
  - Asset Map and Identify Holes
- III. District Goals: Health & Wellness 2015-2016
- IV. MWAHS –
  - Key Health Indicators
  - High School & Middle School
- V. Prioritize Action Items within District Goals
- VI. Meeting Schedule:
  - Friday, February 12, 2016
  - Thursday, April 28, 2016
  - Thursday, June 9, 2016